



Sharon M. Weinstein, MS, RN, CRNI-R, FACW, FAAN, CSP

Sharon Weinstein is President/Founder of SharonMWeinstein and Chief Wellness Officer of SMWGroupLLC. She specializes in workforce-related issues impacting a **balanced lifestyle**, total wellness, healthcare delivery, globalization, leadership, patient/staff safety, employee engagement, negotiating, humor in the workplace, and stress management. Sharon has over thirty years of progressive clinical, education, administrative and health policy experience in healthcare management and clinical practice.

And, she has reinvented herself multiple times throughout those thirty years. From clinical practice to education, from home care to international arenas, and from practice management to wellness, Sharon has been on the cutting edge of changes within the healthcare community and has led the pack each step of the way. She is a member of the **National Speakers Association, MVP Speakers and is a frequent presenter at domestic and international meetings and symposia. She holds the coveted Certified Speaking Professional (CSP) designation, the highest earned international recognition for professional speakers. This makes her one of only 12% of all speakers to hold this designation and one of only 22 nurses in the world with this credential.**

Her book entitled B is for Balance, 12 Steps Toward a More Balanced Life at Home and at Work, 2nd ed was awarded 1st place in Consumer Health for 2015. Sharon earned a Master's Degree in health management and gerontology, a certificate in health administration, a bachelor's degree in nursing and behavioral science and is a graduate of the Kellogg Executive Management Program and a Fellow of the American Academy of Nursing. She is a clinical assistant professor in the Department of Public Health, Mental Health and Administrative Nursing at the University of Illinois, Chicago College of Nursing, Associate Dean for the NSA-DC Speakers Academy, and a member of the professional advisory board for Kaplan University.

She rode a camel in Cairo, was a delegate to the Women's Conference in Beijing, designed the foreign patient department at the Kremlin Hospital in Moscow, and played with the penguins at Phillip Island Nature Park, Australia.

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